

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:05:42 AM by Kathleen McCullough

Menu Cycle: K Center Week 1 February
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	569.08	
Total Fat (g)		12.61	19.95
Sat Fat (g)(1)	< 10.00 % of Calories	3.28	5.18
Trans Fat (g)(2)		0.02(M)	
Chol (mg)		16.32	
Sodium Target 1 (mg) (13)	< 1,230.00	700.95	
Sodium Target 2 (mg) (13)	< 935.00	700.95	
Carb (g)		86.81	61.02
Total Fiber (g)		6.66	
Sugars (g)		21.97(M)	15.44
Added Sugars (g)		0.00(M)	
Protein (g)		23.15	16.27
Iron (mg)		2.81	
Calcium (mg)		1,018.15	
VitA (IU)		3,727.76(M)	
VitC (mg)		18.21(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		104.88(M)	
Mois (g)		76.09(M)	
Ash (g)		0.80(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	3.000	
Veg	>= 3.750	[4.375 - 4.625]	
Veg-DG	>= 0.500	1.500	
Veg-RO	>= 0.750	1.625	
Veg-BP	>= 0.500	0.750	
Veg-S	>= 0.500	2.000	
Veg-O	>= 0.500	2.000	
Grains	[8.000 - 9.000]	10.250(a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	10.250	100.00
Meat/MA	[8.000 - 10.000]	8.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:07:23 AM by Kathleen McCullough

Menu Cycle: K Center Week 2 February
 Week: 1
 Result: Exceeded

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	556.49	
Total Fat (g)		13.81	22.34
Sat Fat (g)(1)	< 10.00 % of Calories	5.58	9.02
Trans Fat (g)(2)		0.15(M)	
Chol (mg)		31.42	
Sodium Target 1 (mg) (13)	< 1,230.00	997.81	
Sodium Target 2 (mg) (13)	< 935.00	997.81	
Carb (g)		80.84	58.11
Total Fiber (g)		8.23	
Sugars (g)		22.56(M)	16.22
Added Sugars (g)		0.00(M)	
Protein (g)		29.05	20.88
Iron (mg)		2.79	
Calcium (mg)		509.22(M)	
VitA (IU)		3,297.24(M)	
VitC (mg)		12.58(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		53.91(M)	
Mois (g)		117.54(M)	
Ash (g)		0.79(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.000	2.500	
Veg	>= 3.000	[3.250 - 3.750]	
Veg-DG	>= 0.500	0.750	
Veg-RO	>= 0.750	0.750	
Veg-BP	>= 0.500	0.750	
Veg-S	>= 0.500	1.000	
Veg-O	>= 0.500	2.000	
Grains	[6.500 - 7.000]	9.250(a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	9.250	100.00
Meat/MA	[6.500 - 8.000]	8.000	
MILK-F	>= 4.000	4.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

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Menu Cycle Week – Nutrient Analysis

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a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
K- Center February 10 2020 - Day: 1	100																		
Category: Entrees; May Choose: 1																			
Sandwich, Veggie Burger on Bun, MMA, WG - SR103112 (1 ea.)	100	354.18	13.22	4.25	0.00	15.00	1012.09	36.42	7.97	2.49	(M)	26.42	2.52	285.70	200.00 (M)	0.00(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	100	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Green Beans - LR100036 (1/2 c.)	10	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
K-Center February 11,2020 - Day: 2	100																		
Category: Entrees; May Choose: 1																			
Cheese, Breaded Mozzarella Stick, Frozen, Farm Rich, 65220, WGR, MMA - SR100405 (6 stick.)	100	300.00	12.00	4.00	0.00	20.00	560.00	32.00	4.00	2.00	(M)	20.00	1.44	(M)	(M)	(M)	(M)	(M)	(M)
Category: Grains; May Choose: 1																			
UD School Wheat Dinner Roll - LR100332 (1 1/2 oz.)	100	110.00	1.00	0.00	0.00	0.00	200.00	21.00	2.00	2.00	(M)	4.00	1.08	0.00	0.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Fresh Broccoli - LR100011 (1/2 c.)	50	11.00	0.00	0.01	0.00	0.00	11.00	2.12	0.83	0.00	(M)	0.90	0.23	15.00	198.50	28.40	(M)	(M)	0.00

Menu Cycle Week – Nutrient Analysis

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Green Beans - LR100036 (1/2 c.)	50	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry nonfat milk - LR100016 (8 serving 8)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	40	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Vanilla Milk, Non-Fat - SR109285 (1 Carton)	10	110.00	0.00	0.00	0.00	0.00	95.00	20.00	0.00	20.00	(M)	8.00	0.00	200.00	750.00	(M)	(M)	(M)	(M)
K-Center February 12,2020 - Day: 3	100																		
Category: Entrees; May Choose: 1																			
Pasta, Macaroni and Cheese, Prepared, Land O' Lakes, 43292, MMA, WGR - SR108684 (6 ounces)	60	349.79	20.99	12.99	1.00	64.96	909.47	22.99	2.00	3.00	(M)	16.99	1.08	399.76	749.56	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Beans, Three Bean Salad, Veg-BP - SR102698 (1 Cup (8 oz)	100	165.50	3.68	0.16	0.00(M)	0.00	269.92	26.35	7.08	0.30(M)	(M)	7.40	1.79	38.81	55.00	10.52	0.00(M)	22.98 (M)	13.27 (M)
Category: Fruits; May Choose: 1																			
ud diced peaches - LR100141 (1/2 c.)	100	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	(M)	0.61	0.26	5.86	368.99	3.50	(M)	(M)	85.87
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
K-Center February 13,2020 - Day: 4	100																		

Menu Cycle Week – Nutrient Analysis

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Category: Entrees; May Choose: 1																			
ud grilled cheese - LR100137 (1 sandwich)	50	345.33	17.09	9.78	0.00	54.35	1131.49	32.11	3.74	7.79	(M)	16.48	1.35	438.36	434.76	0.00	(M)	(M)	0.00(M)
Category: Grains; May Choose: 1																			
UD School Wheat Dinner Roll - LR100332 (1 1/2 oz.)	100	110.00	1.00	0.00	0.00	0.00	200.00	21.00	2.00	2.00	(M)	4.00	1.08	0.00	0.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
UD 825931 - Veg: Corn, Fz 1/2c - LR100191 (1/2 c.)	100	66.98	0.55	0.09	0.00	0.00	0.83	15.96	1.98	2.54	(M)	2.11	0.39	2.48	164.55	2.89	0.00	192.66	63.69
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:10:24 AM by Kathleen McCullough

Menu Cycle: K Center February Week 3 2020
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	573.40	
Total Fat (g)		13.11	20.58
Sat Fat (g)(1)	< 10.00 % of Calories	4.43	6.96
Trans Fat (g)(2)		0.03(M)	
Chol (mg)		23.22	
Sodium Target 1 (mg) (13)	< 1,230.00	713.15	
Sodium Target 2 (mg) (13)	< 935.00	713.15	
Carb (g)		84.64	59.05
Total Fiber (g)		6.54(M)	
Sugars (g)		23.43(M)	16.34
Added Sugars (g)		0.00(M)	
Protein (g)		23.91	16.68
Iron (mg)		5.39	
Calcium (mg)		1,137.17	
VitA (IU)		1,793.66(M)	
VitC (mg)		14.05(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		85.81(M)	
Mois (g)		100.11(M)	
Ash (g)		0.70(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.000	3.000	
Veg	>= 3.000	[3.625 - 3.875]	
Veg-DG	>= 0.500	0.750	
Veg-RO	>= 0.750	0.875	
Veg-BP	>= 0.500	0.750	
Veg-S	>= 0.500	2.000	
Veg-O	>= 0.500	1.000	
Grains	[6.500 - 7.000]	7.250(a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	7.250	100.00
Meat/MA	[6.500 - 8.000]	7.000	
MILK-F	>= 4.000	4.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

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Menu Cycle Week – Nutrient Analysis

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a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
K-Center February 18 2020 - Day: 1	100																		
Category: Entrees; May Choose: 1																			
Yogurt, Trix Triple Cherry Yogurt, Low Fat 4 oz, General Mills, 70470-31077, MMA - SR101017 (1 container)	100	100.00	0.50	0.50	0.00	5.00	50.00	20.00	(M)	13.00	(M)	3.00	0.00	100.00	500.00	0.00	(M)	(M)	(M)
Category: Grains; May Choose: 1																			
French Toast Sticks, Farm Rich Whole Grain, Frozen, Rich's, 37722, WGR - LR100345 (4 ea.)	100	260.00	10.00	2.00	0.00	0.00	300.00	38.00	3.00	9.00	(M)	6.00	1.82	34.00	22.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	10	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Fresh Broccoli - LR100011 (1/2 c.)	100	11.00	0.00	0.01	0.00	0.00	11.00	2.12	0.83	0.00	(M)	0.90	0.23	15.00	198.50	28.40	(M)	(M)	0.00
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
K-Center February 19 2020 - Day: 2	100																		
Category: Entrees; May Choose: 1																			
Veggie chicken nuggets - LR100374 (4 ea.)	100	290.00	9.00	1.30	0.10	0.00	604.00	19.00	4.20	1.90	(M)	12.00	1.62	60.00	(M)	(M)	(M)	326.00	(M)
Category: Vegetables; May Choose: 1																			

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:10:24 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Beans, Three Bean Salad, Veg-BP - SR102698 (1 Cup (8 oz))	75	165.50	3.68	0.16	0.00(M)	0.00	269.92	26.35	7.08	0.30(M)	(M)	7.40	1.79	38.81	55.00	10.52	0.00(M)	22.98 (M)	13.27 (M)
Green Beans - LR100036 (1/2 c.)	25	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
ud diced peaches - LR100141 (1/2 c.)	100	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	(M)	0.61	0.26	5.86	368.99	3.50	(M)	(M)	85.87
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
K-Center February 20, 2020 - Day: 3																			
Category: Entrees; May Choose: 1																			
Pizza, Galaxy Pizza 4" Whole Grain Round Cheese, Tony's, Schwan's Food Service, 78364, MMA, WGR, Veg-RO - SR107347 (1 pizza)	100	290.00	12.00	6.00	0.00	30.00	440.00	31.00	3.00	9.00	(M)	15.00	0.36	2680.00	2950.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Sweet Golden Corn - LR100031 (1/2 c.)	100	66.00	0.55	0.08	0.00	0.00	1.00	15.80	1.96	0.00	(M)	2.09	0.38	2.50	163.00	2.90	(M)	(M)	63.06
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:10:24 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
K-Center February 21,2020 - Day: 4	100																		
Category: Entrees; May Choose: 1																			
Mozzarella Sticks, Tasty Brands, 41009, MMA, WG - SR109444 (5 sticks)	100	300.00	12.00	6.00	0.00	35.00	440.00	33.00	3.00	2.00	(M)	16.00	14.40	400.00	0.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Tater Totz - LR100049 (1/2 Cup (8 oz)	100	95.00	3.50	0.97	0.00	0.00	183.60	10.88	1.36	0.00	(M)	1.36	0.24	13.60	68.00	0.82	(M)	(M)	0.00
Category: Fruits; May Choose: 1																			
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	100	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	(M)	0.84	0.20	3.87	49.53	6.73	(M)	(M)	57.97
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:04:36 AM by Kathleen McCullough

Menu Cycle: K- Center February Week 4,2020
 Week: 1
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	582.92	
Total Fat (g)		16.64	25.69
Sat Fat (g)(1)	< 10.00 % of Calories	6.30	9.73
Trans Fat (g)(2)		0.19(M)	
Chol (mg)		29.14	
Sodium Target 1 (mg) (13)	< 1,230.00	1,004.81	
Sodium Target 2 (mg) (13)	< 935.00	1,004.81	
Carb (g)		77.44	53.14
Total Fiber (g)		6.70	
Sugars (g)		18.65(M)	12.80
Added Sugars (g)		0.00(M)	
Protein (g)		27.03	18.55
Iron (mg)		2.97	
Calcium (mg)		540.92	
VitA (IU)		2,906.52(M)	
VitC (mg)		13.71(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		67.50(M)	
Mois (g)		95.38(M)	
Ash (g)		0.68(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	3.500	
Veg	>= 3.750	[4.250 - 4.500]	
Veg-DG	>= 0.500	0.750	
Veg-RO	>= 0.750	0.750	
Veg-BP	>= 0.500	0.750	
Veg-S	>= 0.500	2.000	
Veg-O	>= 0.500	1.000	
Grains	[8.000 - 9.000]	8.250	
Non-WGR		0.000	
WGR	>= 50.000 % of	8.250	100.00
Meat/MA	[8.000 - 10.000]	10.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
K Center February 24 2020 - Day: 1	100																		
Category: Entrees; May Choose: 1																			
Veggie Cheeseburger - LR100389 (1 ea.)	100	370.10	12.46	3.71	0.01	14.48	923.20	42.04	5.88	3.32(M)	(M)	25.20	2.98	262.98	158.50	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	100	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	15	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	75	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	5	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
K-Center February 25,2020 - Day: 2	100																		
Category: Entrees; May Choose: 1																			
Veggie chicken nuggets - LR100374 (4 ea.)	100	290.00	9.00	1.30	0.10	0.00	604.00	19.00	4.20	1.90	(M)	12.00	1.62	60.00	(M)	(M)	(M)	326.00	(M)
Category: Vegetables; May Choose: 1																			
Fresh Broccoli - LR100011 (1/2 c.)	100	11.00	0.00	0.01	0.00	0.00	11.00	2.12	0.83	0.00	(M)	0.90	0.23	15.00	198.50	28.40	(M)	(M)	0.00
Category: Fruits; May Choose: 1																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:04:36 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
K-Center February 26 2020 - Day: 3	100																		
Category: Entrees; May Choose: 1																			
UD Sandwich, Grilled Cheese, 2 oz MMA, 2 WG - LR100205 (1 sandwich)	100	436.08	23.89	11.79	0.00	50.63	1042.00	38.05	4.00	4.03	(M)	18.13	2.16	407.75	774.17 (M)	0.00(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Beans, Three Bean Salad, Veg-BP - SR102698 (1 Cup (8 oz)	50	165.50	3.68	0.16	0.00(M)	0.00	269.92	26.35	7.08	0.30(M)	(M)	7.40	1.79	38.81	55.00	10.52	0.00(M)	22.98 (M)	13.27 (M)
Green Beans - LR100036 (1/2 c.)	50	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
ud diced peaches - LR100141 (1/2 c.)	100	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	(M)	0.61	0.26	5.86	368.99	3.50	(M)	(M)	85.87
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
K-Center February 27, 2020 - Day: 4	100																		
Category: Entrees; May Choose: 1																			
Pasta, Macaroni and Cheese, Prepared, Land O' Lakes, 43292, MMA, WGR - SR108684 (6 ounces)	80	349.79	20.99	12.99	1.00	64.96	909.47	22.99	2.00	3.00	(M)	16.99	1.08	399.76	749.56	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Sweet Golden Corn - LR100031 (1/2 c.)	100	66.00	0.55	0.08	0.00	0.00	1.00	15.80	1.96	0.00	(M)	2.09	0.38	2.50	163.00	2.90	(M)	(M)	63.06
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:04:36 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
K Center February 28,2020 - Day: 5																			
Category: Entrees; May Choose: 1																			
veggie sausage - LR100379 (1 ea.)	100	84.36	2.74	0.34	0.04	0.38	249.28	5.17	0.76	(M)	(M)	9.99	1.63	14.06	5.32	0.00	(M)	(M)	(M)
Category: Grains; May Choose: 1																			
French Toast Sticks, Farm Rich Whole Grain, Frozen, Rich's, 37722, WGR - LR100345 (4 ea.)	100	260.00	10.00	2.00	0.00	0.00	300.00	38.00	3.00	9.00	(M)	6.00	1.82	34.00	22.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Tater Tots - LR100049 (1/2 Cup (8 oz))	100	95.00	3.50	0.97	0.00	0.00	183.60	10.88	1.36	0.00	(M)	1.36	0.24	13.60	68.00	0.82	(M)	(M)	0.00
Category: Fruits; May Choose: 1																			
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	100	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	(M)	0.84	0.20	3.87	49.53	6.73	(M)	(M)	57.97
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

Menu Cycle Week – Nutrient Analysis

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
K-Center February 3,2020 - Day: 1	100																			
Category: Entrees; May Choose: 1																				
Veggie chicken nuggets - LR100374 (4 ea.)	100	290.00	9.00	1.30	0.10	0.00	604.00	19.00	4.20	1.90	(M)	12.00	1.62	60.00	(M)	(M)	(M)	326.00	(M)	
Category: Grains; May Choose: 1																				
UD School Wheat Dinner Roll - LR100332 (1 1/2 oz.)	100	110.00	1.00	0.00	0.00	0.00	200.00	21.00	2.00	2.00	(M)	4.00	1.08	0.00	0.00	0.00	(M)	(M)	(M)	
Category: Vegetables; May Choose: 1																				
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	70	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03	
Green Beans - LR100036 (1/2 c.)	30	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)	
Category: Fruits; May Choose: 1																				
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	
Category: Milk; May Choose: 1																				
Strawberry non fat milk - LR100073 (1 Carton)	15	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)	
UD CHOC MILK - LR100217 (1 Carton)	75	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)	
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	5	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30	
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68	
K Center February 4 2020 - Day: 2	100																			
Category: Entrees; May Choose: 1																				
Pasta, Macaroni and Cheese, Prepared, Land O' Lakes, 43292, MMA, WGR - LR100346 (2/3 c.)	75	279.83	10.99	5.00	0.00	24.98	669.61	28.98	2.00	6.00	(M)	16.99	1.08	399.76	749.56	0.00	(M)	(M)	(M)	
Category: Grains; May Choose: 1																				
UD School Wheat Dinner Roll - LR100332 (1 1/2 oz.)	50	110.00	1.00	0.00	0.00	0.00	200.00	21.00	2.00	2.00	(M)	4.00	1.08	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:05:42 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
Category: Vegetables; May Choose: 1																				
Fresh Broccoli - LR100011 (1/2 c.)	90	11.00	0.00	0.01	0.00	0.00	11.00	2.12	0.83	0.00	(M)	0.90	0.23	15.00	198.50	28.40	(M)	(M)	0.00	
Category: Fruits; May Choose: 1																				
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)	
Category: Milk; May Choose: 1																				
Strawberry non fat milk - LR100073 (1 Carton)	15	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)	
UD CHOC MILK - LR100217 (1 Carton)	75	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)	
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	5	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30	
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68	
K- Center February 5 2020 - Day: 3		100																		
Category: Entrees; May Choose: 1																				
Seeds, Sunflower, Lightly Salted, MMA - SR102540 (1 Ounce serv)	100	164.43	14.55	1.57	(M)	0.00	55.85	5.22	1.13	(M)	(M)	6.17	1.83	31.47	10.77	0.31	(M)	(M)	1.45	
Category: Grains; May Choose: 1																				
Wheat Soft Pretzel - LR100108 (1 ea.)	100	170.00	1.00	0.00	0.00	0.00	95.00	36.00	4.00	2.00	(M)	6.00	2.70	200.00	500.00	0.00	(M)	(M)	0.00	
Category: Vegetables; May Choose: 1																				
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	50	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03	
Beans, Three Bean Salad, Veg-BP - SR102698 (1 Cup (8 oz)	25	165.50	3.68	0.16	0.00(M)	0.00	269.92	26.35	7.08	0.30(M)	(M)	7.40	1.79	38.81	55.00	10.52	0.00(M)	22.98 (M)	13.27 (M)	
Fresh Broccoli - LR100011 (1/2 c.)	25	11.00	0.00	0.01	0.00	0.00	11.00	2.12	0.83	0.00	(M)	0.90	0.23	15.00	198.50	28.40	(M)	(M)	0.00	
Category: Fruits; May Choose: 1																				
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
K-Center February 6 2020 - Day: 4																			
Category: Entrees; May Choose: 1																			
Pizza, Galaxy Pizza 4" Whole Grain Round Cheese, Tony's, Schwan's Food Service, 78364, MMA, WGR, Veg-RO - SR107347 (1 pizza)	100	290.00	12.00	6.00	0.00	30.00	440.00	31.00	3.00	9.00	(M)	15.00	0.36	2680.00	2950.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
UD 825931 - Veg: Corn, Fz 1/2c - LR100191 (1/2 c.)	100	66.98	0.55	0.09	0.00	0.00	0.83	15.96	1.98	2.54	(M)	2.11	0.39	2.48	164.55	2.89	0.00	192.66	63.69
Category: Fruits; May Choose: 1																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
K-Center February 7 2020 - Day: 5																			
Category: Entrees; May Choose: 1																			

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Yogurt, Vanilla, Danimals, Nonfat, 4 oz., Dannon, 2733, MMA - SR104715 (1 ea.)	100	70.00	0.00	0.00	0.00	4.99	60.00	14.00	0.00	10.00	(M)	4.00	0.00	150.00	0.00	0.00	(M)	(M)	(M)
Category: Grains; May Choose: 1																			
French Toast Sticks, Farm Rich Whole Grain, Frozen, Rich's, 37722, WGR - LR100345 (4 ea.)	100	260.00	10.00	2.00	0.00	0.00	300.00	38.00	3.00	9.00	(M)	6.00	1.82	34.00	22.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Green Beans - LR100036 (1/2 c.)	10	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Tater Tots - LR100049 (1/2 Cup (8 oz))	90	95.00	3.50	0.97	0.00	0.00	183.60	10.88	1.36	0.00	(M)	1.36	0.24	13.60	68.00	0.82	(M)	(M)	0.00
Category: Fruits; May Choose: 1																			
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	100	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	(M)	0.84	0.20	3.87	49.53	6.73	(M)	(M)	57.97
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68